

Call 2020 Round 1 KA2 - Cooperation for innovation and the exchange of good practices  
KA202 - Strategic Partnerships for vocational education and training

## **Project: “Welcoming Urban Culture in VET – innovative and contemporary VET”**

Urban sports (BMX riding, skateboarding, inline skating, parkour / free running) are considered youth ‘sub-cultural’ activities that have increased appeal to young people not interested in mainstream sports, with emerging research indicating a range of motivations for participation and psycho-social benefits to young people.

Building on the successful ‘Sport 4 Values’ project, the aim of this project is to develop a framework and methods of vocational or non-formal learning through urban sports and urban culture approaches. The focus is on developing professional skills (video making, photography, digital editing, music production) and life skills through urban sport culture.

Objective 1 - to create a strong partnership and research the fields relevant to project implementation:

- a consortium of 5 organisations will be formed that will connect VET schools and municipality youth provision with community youth development and urban sport actors. Through this network of cooperation, two research activities (IO1 and IO2) will be carried out in order to map assets, activities and good practice surrounding urban sports and urban culture.

Objective 2 - to create a ready to use easily adaptable tool kit for VET trainers, teachers and practitioners:

- the network will build on knowledge gathered while delivering IO1 and IO2 and combine know-how and experience in training and innovation to create a tool kit for VET trainers, teachers and other practitioners. The toolkit and methods that will be used in the curricula is an innovative and new approach since delivering urban sport culture for VET education is novel .

In order to deliver an easily adaptable and ready product for end-users, the toolkit will be piloted by several VET schools in order to assess its applicability and usability in practice. The final review and refinement of the toolkit will be carried out to finalise the objective.

Objective 3 - to expand the network of cooperation and share findings and outputs in order to widen usability and further development:

- Objective 3 focuses on spreading the knowledge that will be gained through series of dissemination events. A wider network of interested parties also has greater potential of creating a phenomena where urban sport and culture are used in day to day work in VET education, non-formal education or Youth work and help to innovate the field of education.

The target groups and needs to be addressed:

- VET teachers, trainers, youth workers, non-formal education teachers

- Education policy makers and implementers
- People currently not engaged in education or training or not interested in traditional education possibilities
- People who are planning to get involved in VET
- People involved in VET

Description of the results and impact envisaged:

Our experience, based on our experience of the Sport 4 Values project, shows that a range of values and life skills can be developed through urban sport. This comprehensive research project mapped urban sports values - which include life skills - onto European values. These values and life skills were internal (thoughts) and external (behaviours) and supported the World Health Organisations' (WHO) definition for life skills, "Life skills mean the abilities for adaptive and positive behaviour that enable individuals to deal effectively with demands and challenges of everyday life".

Longer term benefits:

- Increases capacity and capability of those working in VET and youth work to deliver training and interventions using urban sport culture to deliver professional and life skills training
- To develop new tools, frameworks and resources to engage young people in VET and youth work setting through urban sport culture to develop professional and life skills
- To develop a transnational network of VET and youth work practitioners interested in new ways of engagement and developing professional and life skills develop