

Instructions for Zoom Platform



Getting Started on Windows and Mac

Zoom unifies cloud video conferencing, simple online meetings, and group messaging into one easy-to-use platform. The solution offers the best video, audio, and wireless screen-sharing experience across multiple platforms. Follow this article to learn about the basic features of the Zoom client on Windows and Mac.

Prerequisites

You need to download desktop client (Windows and Mac). This will be requested for you only the first time. Please find the link for downloading the client.

[Zoom desktop client \(Windows or Mac\)](#)

Sign Up – You will need only your email. It’s free.

Sign Up Free

Your work email address

Zoom is protected by reCAPTCHA and the [Privacy Policy](#) and [Terms of Service](#) apply.

Sign Up

By signing up, I agree to the [Privacy Policy](#) and [Terms of Service](#).

or



Sign in with Google



Sign in with Facebook

Already have an account? [Sign in.](#)

Sign in and Join

After launching Zoom, click **Join a Meeting** to [join a meeting](#) without signing in. If you want to log in and start or schedule your own meeting, click **Sign In**.



Join a Meeting

Sign In

To sign in, use your Zoom, Google, or Facebook account. You can also [log in using SSO](#). If you don't have an account, click **Sign Up Free**. If you have a Zoom account but cannot remember your password, click **Forgot**.

Sign In

[Sign Up Free](#)

Email

Password

[Forgot?](#)

Keep me signed in

Sign In

or



Sign In with SSO



Sign In with Google



Sign In with Facebook

Prerequisites

- Each meeting has a unique 9, 10, or 11-digit number called a [meeting ID](#) that will be required to join a Zoom meeting
- If you are joining via telephone, you will need the [teleconferencing number](#) provided in the invite.



1. Open the Zoom desktop client.
2. Join a meeting using one of these methods:
 - Click **Join a Meeting** if you want to join without signing in.

zoom

Join a Meeting

Sign In

- Sign in to Zoom then click **Join** and **Enter Meeting ID** or **Personal Link Name**

Join a Meeting

Meeting ID or Personal Link Name

Grant MacLaren

Do not connect to audio

Turn off my video



Join

Join

Cancel